

Sexy Ever After

[Rebecca Dodd](#)

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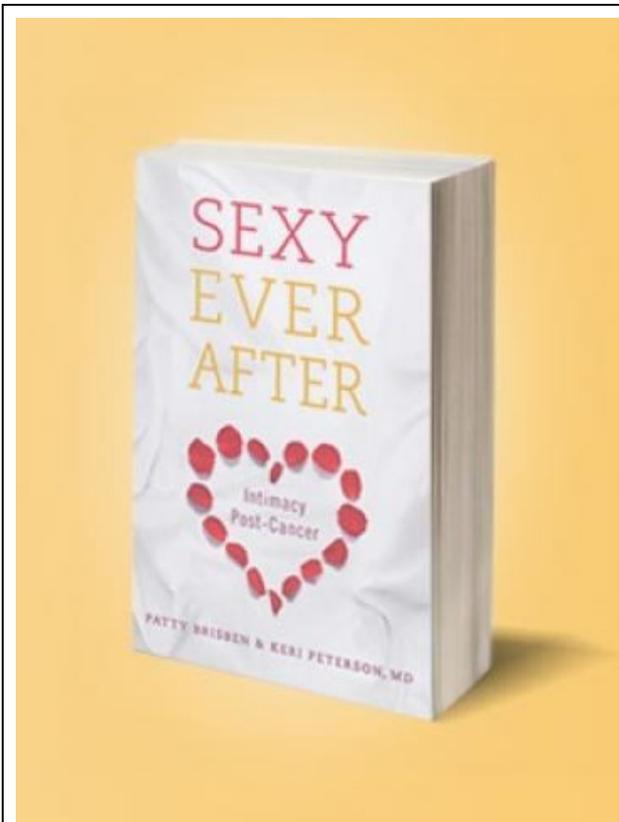


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You survived cancer and have returned to normal life, but your love life leaves something to be desired. How do you reignite the fire? This free eBook could be the answer...

This is the subject of *Sexy Ever After: Intimacy Post-Cancer*, an eBook by Patty Brisben, founder and CEO of [Pure Romance](#) and creator of the Patty Brisben Foundation for Women's Sexual Health.

About the book

"Anyone who has been diagnosed with cancer knows that there is an endless amount of information available about different types of cancer, symptoms, tests, treatments, side effects and even how cancer can affect sexual performance. What you may not find is information on how you can overcome post-cancer side effects and be on your way to heightened intimacy and mind-blowing sex."

The book aims to fill that gap by providing a resource for post-cancer survivors about their intimate lives.

I chatted to Patty about the book:

What advice do you have for women who want to get their sexy back after cancer?

Communication is key. My number one tip is to maintain an open line of communication with your partner - remember, they are not clairvoyant.

Do you have any tips for men/women who struggle to see their partner as sexual again after surviving cancer?

Your sex life and intimate life can be even better than before. Try looking at this as an opportunity to work on things and redefine sex for you and your partner.

I would also remind you then that intimacy has never been a pseudonym for intercourse; the sooner you are willing to think outside of the box and accept that your body or your partner's body will not be the same, then the sooner you will

be able to work on the redefinition of intimacy - and the sooner you will be able to enjoy sex again.

Why is it, do you think, that people don't talk about this subject?

I want to state firstly that intimacy in anyone's life and relationship is important and should remain a focus in their lives throughout all of the different stages in their lives.

As for the subject of intimacy and cancer I think there are several contributing factors.

For so many years the battle with cancer seemed to have a simple answer to success - survival.

But technology and early detection has advanced, making the battle with cancer not only about surviving, but bringing to light the desire by cancer patients and survivors AND their partners striving to maintain a quality of life, and that means all parts of life - especially one's intimate life.

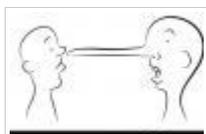
Another contributing factor that I see is that cancer is affecting younger and younger people, which makes quality of life that much more of a concern as many women and men experiencing cancer are not in relationships or with the person with whom they will spend the rest of their life.

Enter *Sexy Ever After*

For the month of October (in honour of Breast Cancer Awareness Month), this valuable resource is available for free download on the Pure Romance [website](#). According to research conducted by the Patty Brisben Foundation, "95% of young survivors of breast cancer have indicated that cancer has adversely affected their sexuality."

Downloading this eBook could be your first step towards reinvigorating your love life. Please do share this information with all the women in your life so that they can benefit too. For more information visit [PureRomance.co.za](#).

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All4Women's assistant editor and fashion editor Rebecca Dodd completed her undergraduate degree in Print Journalism and her Honours in English Studies at UCT. She has worked as a writer and copy editor for a publishing house and a PR agency, but is now lucky to dedicate all her time to her passion – writing for women and for the web. In her spare time she reads (books and blogs), cooks, watches vacuous teen dramas and eats ice cream straight from the tub. Follow her on Twitter @Reberoodle.

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